

Improv: Teaching Out of Your Mind

The background features two diagonal lines crossing from the top right towards the bottom left. One line is a vibrant red, and the other is a light grey. They are positioned behind the main title text.

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Permission To Act Like a Child

Teaches:

- How to be creative
- How to take turns
- How to listen
- How to see new patterns
- How to feel comfortable with the unexpected

Tenets:

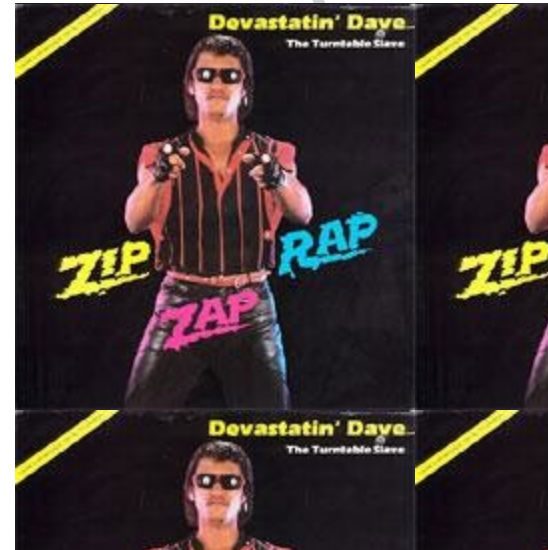
- Focus on what is happening
- Speak *before* you think
- Go with what you are given
- Believe in make-believe

Warm Ups

Whoosh



Zip Zap Zop



Yes, and...

- "No" is reflexive
- "Yes" is inviting
- "Yes, and"...is divine!



The All-Knowing Expert...

Individual

- *Believe* you know it all
- Put authority in your voice
- Say it, no matter how outrageous

In a group

- Listen closely
- Don't anticipate
- Go with the "story," but not restrictively
- Give "gifts" to the next person

Acting Out a Solution

- Define the problem
- Assemble a small group
- Instruct them to act out a solution
- Encourage them to remove all self-imposed boundaries
- See what happens!



Take-Aways

- Improv is pedagogical child's play
- Individual creativity is enhanced
- Group creativity is enhanced
- Participants learn to listen to one another
- Students learn to "think on their feet"

