

ILLINOIS STATE UNIVERSITY

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The Spiritual Wellness committee encourages opportunities for the Illinois State University Community to explore faith and spirituality and their influence on values, beliefs and sense of purpose





National Survey for Student Engagement (NSSE) 2010

Participating in activities to enhance your spirituality (worship, meditation, prayer, etc.)

First year: Never 55%, Sometimes 27%, Often 10%, Very often, 8%

Senior: Never: 55%, sometimes 26%, Often 10%, Very often, 12%





National Survey for Student Engagement (NSSE) 2010

Developing a deepening sense of spirituality:

First year: very little 46%, some 28%,

quite a bit 17%, very much 10%

Senior: very little 57%, some 26%,

quite a bit 9%, very much 8%





National Survey for Student Engagement (NSSE) 2010

Developing a personal code of values and ethics:

First year: Very little: 13%, Some 29%,

Quite a bit, 39%, Very much: 20%

Seniors: Very Little 13%, Some 28%,

Quite a bit 32%, Very much 27%





Faculty Survey for Student Engagement (FSSE) 2011

To what extent do you structure your selected course section so that students learn and develop in the following areas:

Developing Personal Code of Values and ethics:

Very little 31%, Some 34%, Quite a bit 27%, Very much 8%





Faculty Survey for Student Engagement (FSSE) 2011

To what extent do you structure your selected course section so that students learn and develop in the following areas:

Developing a Deepened Sense of Spirituality: Very little 79%, Some 14%, Quite a bit 7%, Very much 0%







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"Ball Pit"

- What did you like about the video? Thoughts as you watched.
- Would anyone feel uncomfortable doing something like this? Why?
- How do you think what you just watched might "fit" with our discussion of spirituality?
- How do you think this activity may work in the classroom?







Small Group Discussion on Spirituality, Teaching, and Learning



Small Group Discussion

- Describe a powerful experience you've had in teaching or learning.
- Is there room in the curriculum for spirituality?
- How might spirituality be addressed in the classes you teach or how IS spirituality addressed in the classes you teach?





Discussion

- Shared Comments from Small Group
- In what types of classes would this sort of discussion work?

What are possible ideas for teaching these concepts?







In the Classroom





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