

Resources

Exploring and nurturing the spiritual life of college students. Journal of College and Character, volume 11, no. 3, September 2010.

<http://www.degruyter.com/view/j/jcc.2010.11.3/jcc.2010.11.3.1724/jcc.2010.11.3.1724.xml>

Lindholm, J. L., Millora, M. L., Schwartz, L. M. & Spinosa, H. S. (2011). *Guidebook of Promising Practices: Facilitating Students' Spiritual Development.* Los Angeles: Higher Education Research Institute, UCLA.

<http://spirituality.ucla.edu/publications/promising-practices/default.php>

Does Spiritual Wellbeing Belong in Education? – includes discussion questions and workshop ideas

http://www.decd.sa.gov.au/learnerwellbeing/files/links/Does_Spiritual_Wellbeing_be.pdf

"Spirituality in Higher Education: Students' Search for Meaning and Purpose" - a seven year study examining the role that college plays in facilitating the development of students' spiritual qualities. <http://spirituality.ucla.edu/>

Attending to Students' Inner Lives - A Call to Higher Education.

<http://spirituality.ucla.edu/docs/white%20paper/white%20paper%20final.pdf>

List of academic articles that have been published.

[http://spirituality.ucla.edu/publications/academic-articles/.](http://spirituality.ucla.edu/publications/academic-articles/)

To learn more about what's being done at Illinois State University, or to request someone to facilitate a session for your class, please contact Health Promotion and Wellness at 438-9355 (WELL) or email Kerri Calvert at kecalve@ilstu.edu or Jim Almeda at jralmed@ilstu.edu