

The Faculty Success Program: Learning to thrive as an academic

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Agenda

- **Introductions**
- **What are NCFDD and the Faculty Success Program (FSP)?**
- **Powerful Learnings**
- **Not So Much ...**
- **What We Kept and Still Use**
- **Q & A**



What is NCFDD?

- ISU has an institutional membership for individual faculty members and students
- Mission "to change the face of power in the Academy. By developing, connecting and empowering the next wave of academic leaders, we can strengthen the higher education system and improve the academic experience for all."
- Library of on-demand tools to help academics thrive on topics like:
 - Promotion and tenure
 - Negotiating offers
 - Grant-writing
 - Parenting as an academic
 - Writing challenges
 - Mentoring
 - Rising above burnout
 - Media interviews and relationship-building

What is the Faculty Success Program (FSP)?

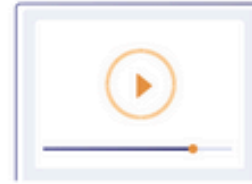
- **12-week summer, digital bootcamp for faculty focused on thriving in academia**
- **Focused on the whole person**
- **Cost-sharing between Provost's Office and College/Dept or School**
- **Eligible for free FSP Alumni afterwards**

What is FSP (continued)?



Individual Coaching Sessions

For those times when you could use some individualized support, we offer one-on-one private coaching sessions with an NCFDD-Certified Individual Coach.



Weekly Training

You have access to weekly training modules where you learn empirically tested skills, strategies, and practices that will help you to align your time and spark your productivity.



Accountability Calls

Each week, you will also have a small group call led by an NCFDD-Certified Coach where you set goals and are held accountable for meeting those goals.



A Supportive Community

The Faculty Success Program community supports your success. Interact with other program participants, ask questions, get feedback, share resources, and exchange ideas with your peers.



Time Tracking

Using the custom WriteNow platform designed specifically for FSP, you collect data regarding your own productivity over the course of the program.

Powerful Learnings

Planning

- Strategic Planning
- Weekly Planning
- Time Tracking

Focus on You

- Lowering Your Standards
- 1:1 Coaching
- Do You Really Want to Do This?

Rewards and Efficiency

- The Power of Gold Stars
- Treating Yourself
- **When** to Write

Not so much...

Definition of “Research”

Resistance Examples

Redundancy in Videos

What We Kept
and Still Use

Planning for a Career

Time is NOT Infinite

Tips to Save Time

Thank you!

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Q & A

